

COSMOPOLITAN

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8 sizzling sex lessons

our man needs to learn
(leave this issue open at page 177)

SHOCKING REPORT YOU MUST READ

MEET THE MAN MOST LIKELY TO STALK YOU — YOUR EX

30 PAGES OF WINTER'S SEXIEST BOOTS & COATS

the shapes, styles, trends
prices to suit you

COSMO shops

20 HOLLYWOOD HAIR HOW-TOS

How to love yourself after a pig-out

Cosmo's no-guilt binge rules

Cameron

The ultimate Cosmo girl answers our most personal questions

DISCOVER
Cameron Diaz

Want to earn more?
The guy's guide to getting a pay rise

COSMO'S BIGGEST-EVER MEN SURVEY

MEN EXPOSED

INSIDE HIS MIND: WHAT HE THINKS ABOUT FIRST DATES, FALLING IN LOVE, YOUR FRIENDS, FREAKY DIET HABITS AND WHEN CHEATING, ER, ISN'T

INSIDE HIS PANTS: WHAT SEX FEELS LIKE FOR HIM, HOW HE RATES HIMSELF (AND YOU) **PLUS** HOW TO HANDLE HIS MANHOOD (THE DEFINITIVE GUIDE TO GETTING A GRIP!)

7 STEPS TO ULTIMATE CONFIDENCE



